

Gympass

Employee



wellbeing



TODAY

Wellbeing is top of mind

We surveyed 9,000 employees globally
to understand how they are feeling

[View report!](#)

RETENTION

**77%**

of employees would
consider leaving a
company that doesn't
focus on wellbeing

COMPENSATION

**83%**

believe their wellbeing
is just as important as
their salary

SATISFACTION

**85%**

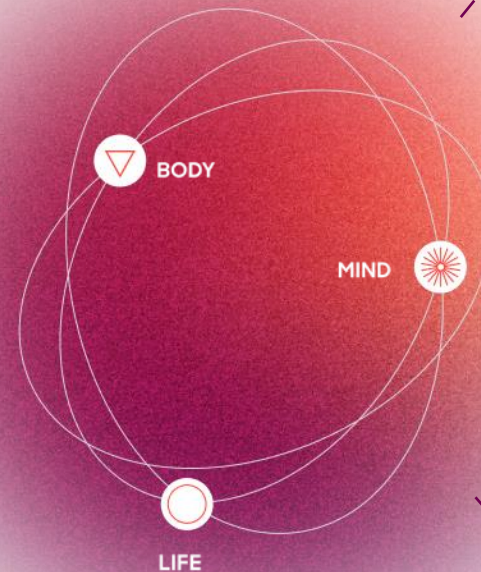
are more likely to stay in
their role if their employer
focused more on
wellbeing



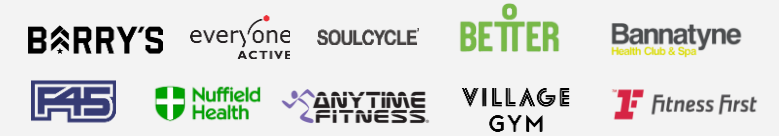
OUR SOLUTION

An overview of Gympass

The world's largest network for member fitness, health, and wellbeing

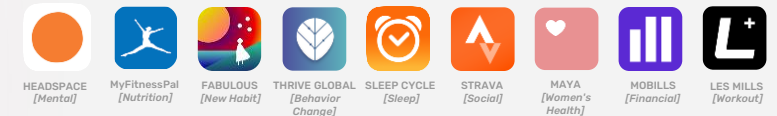


Premium gyms, boutique studios, & fitness clubs



Over 2000+ in-person and online options available locally or globally for members.

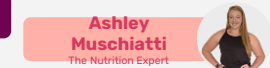
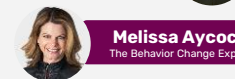
Top-rated apps for sleep, meditation, nutrition, & more



Dozens of self-care options to promote healthy bodies, minds and habits.

Expert personal trainers and individualized coaching

Trainiac
by Gympass



Custom-tailored workouts and individualized fitness programmes with ongoing 1:1 guidance.

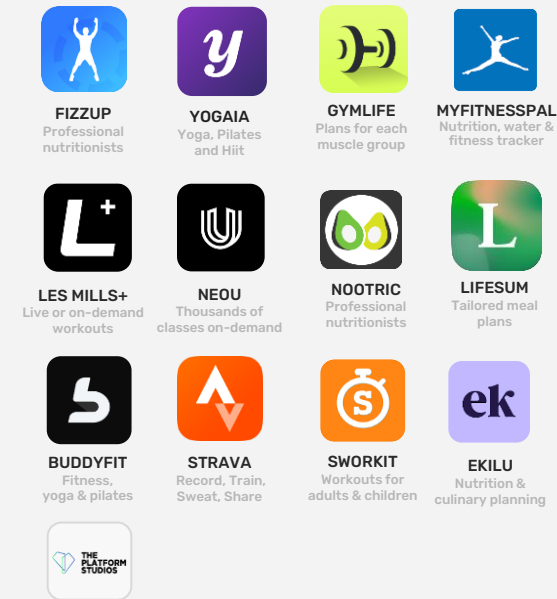


APP NETWORK

Top-rated apps for employee self-care

Physical, emotional, nutrition, sleep, women's health and more

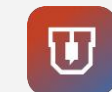
Available in all plans



PLATFORM STUDIOS
HIIT, Barre, Yoga & Pilates.

Basic Plan & above

Silver plan & above



STRONGERU
Personalized nutrition coaching program



TRAINIAC
Personal training like never experienced before



SLEEP CYCLE
Sleep tracking and smart alarm clock



MEDITOPIA
Meditations and music to sleep



THRIVE GLOBAL
A platform to beat burnout



MINDDOC
Guided meditation and sleep



WELLNESS COACH
Address stress, anxiety & burnout



IFEEL
Emotional support tool



CALM
Meditations and Sleep stories



HEADSPACE
Audio-guided sessions



SUPPORTROOM
On-demand therapy, from anywhere at anytime.



THERAPY CHAT
Online sessions with therapists & coaches



FABULOUS
Daily routine planner



MAYA
Women's health tracker



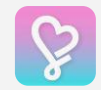
MOBILLS
Financial Planning



WILD
Training for women



KWIT
Quit smoking



FITBODY
Strength training for women



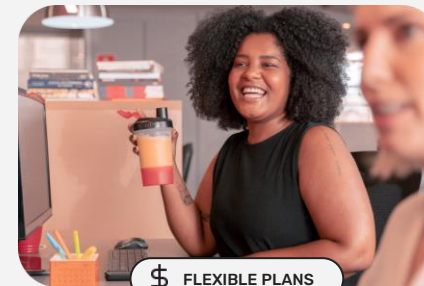
OUR EXPERIENCE

How Gympass works

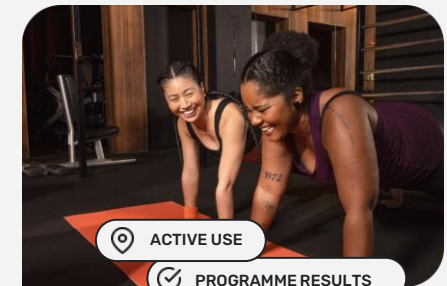
Companies and employees each contribute to access our network & app



WELCOME EMAIL



FLEXIBLE PLANS



ACTIVE USE

PROGRAMME RESULTS

From: HR & People Team

To: Employees

Great News!
We now have
Gympass

1

Companies
offer
Gympass

Starter

Basic

Bronze

Silver

Gold

Platinum

2

Employees
use Gympass



Check-in
confirmed

3

Everyone
benefits!

Gympass

FOR COMPANIES

Admin Platform

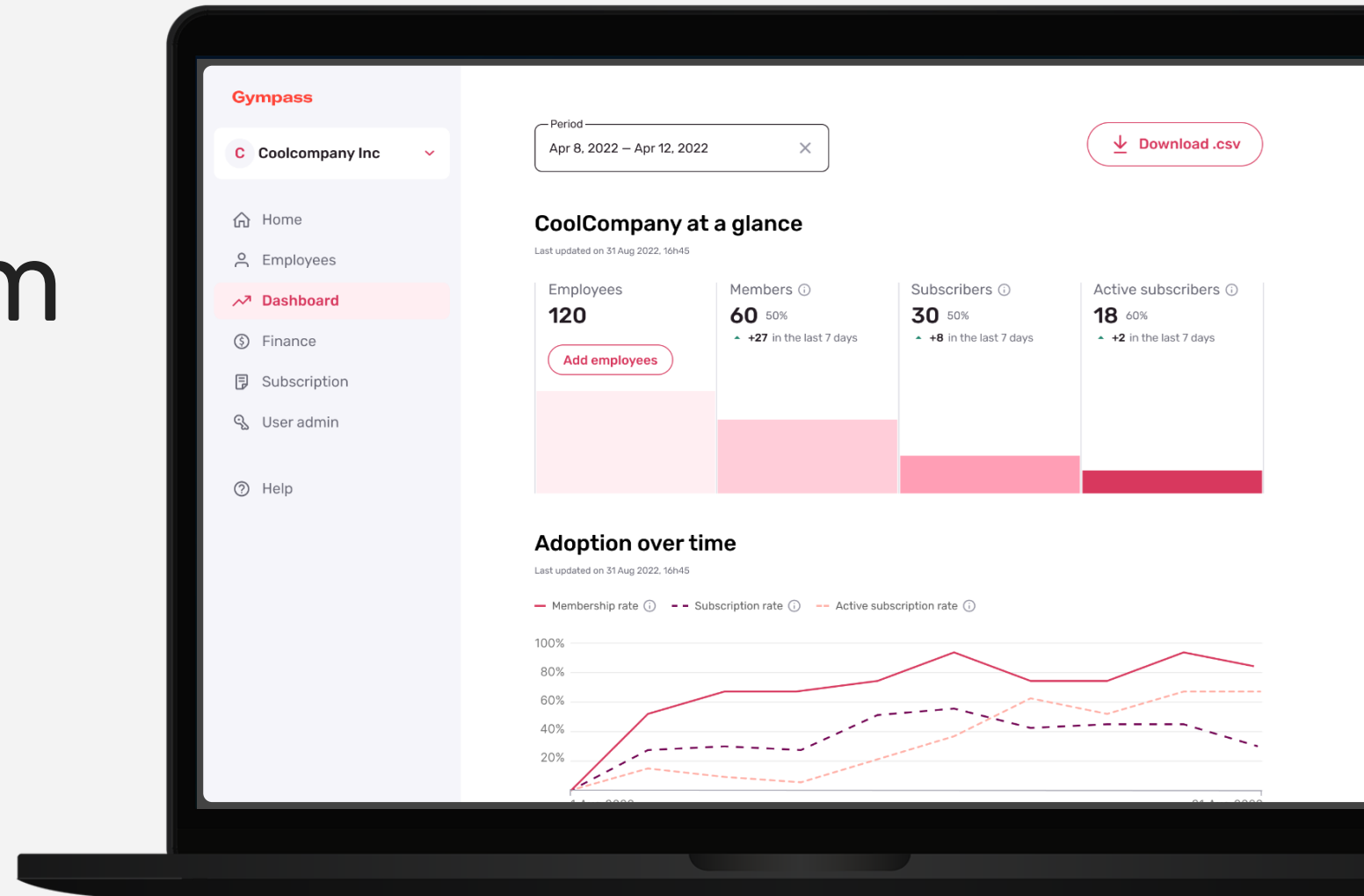
Easily manage wellbeing programmes in just 10-20 minutes per month

✓ Use programme Engagement Tools

✓ Promote Culture & Community

✓ Monitor Gympass Activity

✓ Manage Employee Eligibility





OUR NETWORK

Used by 10,000+ global customers

Loved by employers and
employees everywhere



Member

I love the flexibility of
trying out different
gyms around me, and
being able to go to
different gyms while
I'm travelling!

Hannah B.
Sales
SunPower



Client

We can see that our
investment is going to
an employee who is
actually using the
benefit and that it is
fulfilling its function.

Renata R.
HR Operations & Solutions
AstraZeneca



Trusted by





OUR PLANS

Employee subscriptions

Variety of month-to-month options to meet all needs

Always less expensive
































Plans are 30%-60% less than traditional gym memberships.

Always more options

Subscribers use 2-3 different gyms or classes each month.

Always risk-free

Free trial to start. Pause anytime. No enrollment/cancellation fees.

DIGITAL	STARTER	BASIC	BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
Access to 5 apps MIND*BODY*LIFE	200+ Gyms, Studios & Live Classes	800+ Gyms, Studios & Live Classes	1500+ Gyms, Studios & Live Classes	1800+ Gyms, Studios & Live Classes	1950+ Gyms, Studios & Live Classes	2100+ Gyms, Studios & Live Classes	2100+ Gyms, Studios & Live Classes
 FIZZUP Fast Workouts	Popular options:	Popular options:	Popular options:	Popular options:	Popular options:	Popular options:	Unlimited usage:
 MEDTOPIA Mindfulness	   	   	   	   	   	   	 
 MOBILLS Bill Management	 FABULOUS Habit Creation						
 MyFitnessPal Nutrition Tracking							
£0 / Month	£7.99 / Month	£16.99 / Month	£29.99 / Month	£47.99 / Month	£79.99 / Month	£127.99 / Month	£189.99 / Month



OUR OFFERING

Included in company contribution

Employee Access

Membership services and eligibility

Gympass Network Access

50,000+ in-person and virtual gyms, studios, classes, apps, and trainers.



Free Digital-Only Plan

Top-rated apps for fitness, nutrition, mental health, finances, and more.



Employee Family Members

Add up to 3 dependants including partners, spouses, children and parents.



Company-Supported Access

Free and/or partially-supported memberships costs for employees.



Corporate Services

programme setup, support, and management

Enterprise Client Success

Guided setup, launch support, ongoing promotion, and annual planning.



Employee Engagement Services

Internal marketing and communication plans to promote wellbeing & drive adoption.



Global Customer Support

Technical experts supporting both benefit admin and employee user experiences.



Company Dashboard

Easily manage the programme and measure results.



HRMS & payroll system integrations

Automating Gympass in payroll and employee management software tools.

